



The Humanist Association of Connecticut

Newsletter for October, 2023

Welcome to October

There's no Humanist Explorations meeting this month due to illness, but we have a great monthly meeting, book discussion and dinner discussion lined up.

Calendar for October, 2023

Mon, 2	7:00PM to 9:00PM	Social Dinner at Turkish Kebab House, 1157 Campbell Ave, West Haven CT
Sat, 7	2:30PM to 4:30PM	Humanist Explorations - Cancelled for October
Mon, 16	6:30PM to 9:00PM	Secular Parenting: A Conversation with Religion Professor Dr. Christel Manning
Sat, 21	2:30PM to 4:30PM	"Sickening" by Dr. John Abramson at Wilson Branch Library, 303 Washington Ave, New Haven CT
Sun, 22	7:00PM to 9:00PM	Board Meeting (online)
Mon, 23	7:00PM to 9:00PM	Discussion - Humility at Wood-n-Tap - Hamden, 2100 Dixwell Ave, Hamden CT

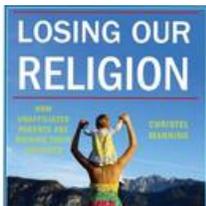
Humanist Explorations - Cancelled for October

Saturday, October 7, 2023
2:30PM to 4:30PM

One of the organizers of this event has had a positive Covid test, so we will not be

running the program. Please join us at one of our other events!

Secular Parenting: A Conversation with Religion Professor Dr. Christel Manning



Monday, October 16, 2023
6:30PM to 9:00PM

Join us for a fascinating conversation on the varieties and complexities of secular

parenting with Dr. Christel Manning, a professor of religion at Sacred Heart University.

Dr. Manning has studied non-religious communities for more than a decade and her most recent book is "Losing Our Religion: How Unaffiliated Parents are Raising Their Children" (NYU Press, 2015). Her research has covered the intersection of religion, gender and sexuality; the sociology of new or marginalized religious movements; and the dramatic rise of the so-called "religious nones." Her previous

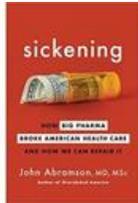
books include "Sex and Religion" and "God Gave us the Right: Conservative Catholic, Evangelical Protestant, and Orthodox Jewish Women Grapple with Feminism."

This is our monthly meeting, held on the third Monday of the month.

We usually start with half an hour of coffee and conversation at 6:30 PM, followed by the main program after brief announcements at 7:00 PM.

USNH, 700 Hartford Turnpike, Hamden CT

'Sickening' by Dr. John Abramson



Saturday, October 21, 2023
2:30PM to 4:30PM

Our book for October is *Sickening: How Big Pharma Broke American Health Care and How We Can Repair It* by John Abramson, M.D.

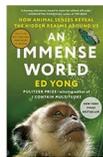
John Cappadona, M.D., a retired general practitioner and activist for medical

reform, will be moderating the discussion.

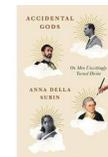
From Amazon: The United States spends an excess \$1.5 trillion annually on health care compared to other wealthy countries – yet the amount of time that Americans live in good health ranks a lowly 68th in the world. At the heart of the problem is Big Pharma, which funds most clinical trials and therefore controls the research agenda, withholds the real data from those trials as corporate secrets, and shapes most of the information relied upon by health care professionals. In this no-holds-barred exposé, Dr. John Abramson combines patient stories with what he learned during many years of serving as an expert in national drug

litigation to reveal the tangled web of financial interests at the heart of the dysfunction in our health-care system... *Sickening* shines a light on the dark underbelly of American health care – and presents a path toward genuine reform. "A crash course in the profit-driven systems built by Big Pharma that dominate the U.S. health care industry and how they can cause undue suffering.... *Sickening* is written in tempered language backed up by hard data and historical examples to illustrate Big Pharma's enrichment strategies." – *Undark Magazine*

Wilson Branch Library, 303 Washington Ave, New Haven CT



"An Immense World" by Ed Yong
November 18, 2023



"Accidental Gods" by Anna Della Subin
December 16, 2023

Discussion - Humility



Monday, October 23, 2023
7:00PM to 9:00PM

Join us for our October dinner discussion! One of the 10 Commitments of Humanism is humility. From

<https://americanhumanistcenterforeducation.org/ten-commitments/> **"I will be aware of my strengths and weaknesses, and appreciate the strengths and weaknesses of others."** Humility means displaying modesty about accomplishments, talents, gifts, or importance of self. It acknowledges we humans are fallible and have limitations in what we know and can do. Being humble isn't about having low self-esteem or denigrating oneself. Humility at its core is robust self-awareness—awareness of our strengths and weaknesses, our faults and

our merits. Humility involves setting aside personal pride and overcoming our egos to embrace gratitude for what we have and appreciate others for who they are. In being humble, we recognize our own value in relation to others; inherently, we are neither better nor worse than anyone else. What does humility mean to you? What do you do to demonstrate this? Come join us and be prepared to share your best practices and ask questions of the other attendees!

Wood-n-Tap - Hamden, 2100 Dixwell Ave, Hamden CT

Other events

Social Dinner: Monday, October 2, 2023
7:00PM to 9:00PM

Turkish Kebab House, 1157 Campbell Ave, West Haven CT

Board Meeting: Sunday, October 22, 2023
7:00PM to 9:00PM



Revised COVID policy

We request that you be as fully vaccinated as possible

To join HAC or renew your membership, visit our membership page.

HAC is a chapter of the American Humanist Association, a member of the Connecticut Coalition of Reason, and a UU Humanists local group.

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c/o USNH, 700 Hartford Turnpike, Hamden CT 06517-2214