



AHA Chapter

THE NEWSLETTER OF

The HUMANIST ASSOCIATION of CONNECTICUT



September 2022

UU Humanists Local Group

September Monthly Meeting
SMART RECOVERY - Shayn Ember
Monday, Sept. 19, 7pm
USNH, 700 Hartford Turnpike, Hamden



SMART Recovery is a fresh approach to addiction recovery that does not rely on belief in a higher power.

Shayn Ember (they/them) is an experienced group facilitator and friend of HAC. They will offer an impactful role-playing experience to demonstrate the technique's effectiveness as part of their presentation.

We will begin with coffee outside on the front lawn at 6:30, weather permitting. Bring a snack to share if you wish. The program will start indoors at 7.

Proof of full vaccination & mask required indoors.

<https://www.smartrecovery.org/about-us/>

RENEW YOUR MEMBERSHIP: Calling all members (or member wannabes) who may have forgotten to pay your 2022 membership dues, please send a check to HAC Treasurer Nina Stein (see below)
OR

Come to one of our in-person events (see calendar) and give us cash or check.

We miss you when you're not with us!

Nina Stein
 380 Hitchcock Road, #272
 Waterbury, CT 06705

Please print and complete the attached membership form (see page 3 of this newsletter) with your updated contact information and enclose with your check. If you have any questions, or if you need any assistance re attending our programs via zoom, please contact us. We greatly value your participation in our supportive community!

THANKS FOR RENEWING YOUR MEMBERSHIP!

www.cthumanist.org

www.meetup.com/cthumanist . www.facebook.com/cthumanist . www.twitter.com/cthumanist

Calendar of Events

RSVPs are welcome at meetup.com/cthumanist/events. You can view the latest newsletter and calendar at www.cthumanist.org.

Note that some programs are held ONLINE this month. Also note USNH has a Covid-19 policy that requires record of vaccination, booster, as well as wearing of an appropriate mask. See page 2 for details.

September 2022

| | | |
|-------------|---|--------------------------|
| 3 Saturday | Explorations (USNH) "Imitation of Life" | 2:30pm |
| 5 Monday | Social Dinner (Mamoun's) | 7pm |
| 10 Saturday | Book Discussion (Wilson Library, New Haven)* "Passing" by Nella Larsen | 2:30pm |
| 19 Monday | Monthly Meeting (USNH) "SMART Recovery" | 6:30 coffee, 7pm program |
| 25 Sunday | Board Meeting (Zoom - all members welcome) | 6pm |
| 26 Monday | Dinner Discussion (Wood-n-Tap) "Effective Altruism" | 7pm |

* Note special date and location

October 2022

| | | |
|-------------|---|--------|
| 1 Saturday | Explorations (USNH) - Frans de Waal on Gender | 2:30pm |
| 3 Monday | Social Dinner (Mamoun's) | 7pm |
| 15 Saturday | Book Discussion (Wilson Library) - "Home in the World" by Sen | 2:30pm |
| 17 Monday | Monthly Meeting (USNH) - State Rep. Josh Elliott | 7pm |
| 24 Monday | Dinner Discussion (Wood-n-Tap) - TBA | 7pm |

Contact

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Approximate circulation: 180 copies.

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Humanist Explorations

Saturday, September 3, 2022, 2:30 PM
USNH, 700 Hartford Turnpike, Hamden



Join us from 2:30 - 4:30 at 700 Hartford Turnpike for the 1934 film version of "Imitation of Life." Thank you to Kevin for recommending this as a supplement to this month's book discussion of "Passing" by Nella Larson.

Covid Protocol Reminder & Additional Programming Notes

* USNH Covid-19 Policy: For in-person events at USNH, you must show record of a Covid-19 vaccine AND booster if eligible, and you must wear a N95, KN95, KF94 or equivalent mask while inside the building. No food can be served inside and social distancing should be observed.

* For many, hunger and food insecurity continue over the summer; but collections and donations of non-perishable food drop off. Please bring whatever contributions you are able to when you come to any HAC event at USNH. The USNH Food Bank Team will deliver to the Hamden Food Pantry, as well as use some for its own in-house pantry shelves for USNH members and friends in need.

September Book Discussion

Saturday, September 10, 2:30pm*

Wilson Branch Library, 303 Washington Ave., New Haven
"Passing" by Nella Larsen

Our book for September is "Passing" by Harlem Renaissance writer Nella Larsen.
 (Last year we read her other novel "Quicksand.")

* NOTE: Due to travel, the discussion will be Sept. 10, the second Saturday of the month, rather than Sept. 17. Also, note different location than usual.

From Amazon:

Married to a successful physician and prominently ensconced in Harlem's vibrant society of the 1920s, Irene Redfield leads a charmed existence-until she is shaken out of it by a chance encounter with a childhood friend who has been "passing for white."...[Nella Larsen's] fictional portraits of women seeking their identities through a fog of racial confusion were informed by her own Danish-West Indian parentage, and *Passing* offers fascinating psychological insights into issues of race and gender.

"Absolutely absorbing, fascinating, and indispensable." – Alice Walker

Supplementary Reading: "Imitation of Life" by Fannie Hurst



Please consider bringing a canned food donation for the USNH food pantry -- see details above under "Additional Programming Notes"

Dinner Discussion

Monday, September 26, 7pm
Wood-n-Tap, 2100 Dixwell Avenue, Hamden
Discussion Topic: Effective Altruism

At our discussion on altruism, we were introduced to the Effective Altruism movement. The article below in the New Yorker magazine describes the development of the movement and some criticisms of it. What are your thoughts after reading the article?

<https://www.newyorker.com/magazine/2022/08/15/the-reluctant-prophet-of-effective-altruism>

CT Coalition of Reason Picnic Recap and Acknowledgments



It was great to see everyone at the CT COR picnic at Wharton Brook State Park in August. There were close to 40 attendees from all across the state. Thanks to the organizers and all who attended. See you next year!



MEMBERSHIP

!Adult \$35

!Family \$50

!Newsletter Only \$10

!Our membership year is 1/1-12/31.

!In cases of financial hardship, the
association may waive the member-
ship fee. Please mail checks for an-
nual membership payable to
Humanist Association of Connecti-
cut to: **Humanist Association of**
Connecticut, c/o 380 Hitchcock
Road #272, Waterbury, CT 06705.

Name(s): _____

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Please add me to the e-mail Announce List (circle one): YES NO

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indicate that you require a paper copy by checking here

As a chapter of the American Humanist Association we share your infor-
mation with AHA.